



Collaborative Practice and Interprofessional Education

Transforming the Landscape of Healthcare – *Ohomairangi te Hauora Manaaki*



All Together Better Health IX: Auckland September 2018

International Healthcare Team Challenge

Team Member Guide

Nau mai, haere mai.

Welcome to the 2018 International Healthcare Team Challenge (HCTC). We are calling on students and new graduate practitioners (with less than 2 years practice experience) who are keen to form international interprofessional teams and compete in the HCTC. We know you are going to thoroughly enjoy being a part of this experience.

We are inviting;

- (1) all students and new graduates who are keen to join an international healthcare team and compete in the 2018 International HCTC and,
- (2) all interested mentors to support this fantastic event.

Join us at the Pōwhiri (Welcome Ceremony) on **Monday 3rd September 5pm at AUT City Campus**. There will be a **HCTC briefing** for everyone interested in participating from **6.30-8pm** (please meet at the Registration desk at 6.30pm Monday 3rd September). This is when you will meet the HCTC planning team, get to know the members of your international HCTC team (made up for 4-6 members from different professional backgrounds), meet your mentors and learn about the case study. The HCTC presentations will be held from **10am-12pm on Thursday 6th September** in the main lecture theatre at the **AUT City Campus** in front of conference delegates and an expert panel of judges. This is when you will present your team's plan for working with your client (case study) and respond to further questions as a team.

What is the Healthcare Team Challenge?

The Healthcare Team Challenge is an internationally recognised interprofessional learning activity that promotes teamwork and collaboration amongst current and future healthcare professionals from across the world. Interprofessional teams compete at a live public event to present their interprofessional care plan for a client with complex needs. The HCTC provides a fun and authentic learning experience for students and practitioners which enhances their knowledge of the roles of other disciplines, increases their understanding of how interprofessional practice contributes to patient care and enhances the qualities and dispositions, as well as the necessary skills and knowledge for effective interprofessional teamwork.

HCTC Aims:

- To provide an authentic interprofessional experience which complements current learning experiences and expands worldviews
- To enhance qualities and dispositions, and knowledge and skills for effective interprofessional practice
- To enhance knowledge of and respect for the roles and contribution of other health professions
- To increase understanding of how interprofessional learning and working can contribute to patient care

HCTC Opportunities:

- Work and learn together as part of an international, interprofessional team in the development of care for a patient/client with complex needs (case study)
- Work to provide the best possible care and ensure the safety of the patient/client/family
- Develop a greater understanding of where own profession fits into a healthcare team
- Gain a deeper understanding and perspective of different health disciplines
- Develop and strengthen qualities required for effective collaborative practice
- Learn how to work with others effectively and resolve complex healthcare issues
- Build international relationships and networks
- Have a lot of fun while learning essential health care competencies
- Participate in a recognised competition (looks great on your CV!)

How to Register:

If you'd like to sign up for the HCTC, this can be done when you register for ATBH IX. Note, you'll need to select the full conference student rate first, and then enter 'YES' in the question field that appears.

HCTC Timetable at a Glance:

Monday 3rd September

5-6.30pm	Attend Pōwhiri / Welcome ceremony at AUT City Campus, Auckland
6.30pm	Meet at Registration desk
6.35-8pm	HCTC briefing for team members and mentors
	Form teams and get to know team members (4-6 members)
	Learn about the mentors who will assist you
	Receive information about your client and their situation

Tuesday 4th September

Meeting times TBC by team Work on client scenario with your team during conference break times

Wednesday 5th September

Meeting times TBC by team Work on client scenario with your team during conference break times

Thursday 6th September

8.30am Deadline for up-loading your presentation

10:00-12:00pm The Healthcare Team Challenge presentations - Main Lecture Theatre

*Each team will be given 5 mins to present their management plan. The judges will make a decision; winners will be announced; prizes and certificates will be presented.

Guidelines:

Your team will be provided with written information (case study) about a real person. You will hear more about this person's story at the first meeting on Monday 3rd September. Each team will be given a copy of the information at that meeting. You need to use the information to address the following task:

"You are X's health care team and you need to consider X's care pathway going forward. This pathway should consider X's acute admission until discharge and beyond".

The Mentors:

The mentors are experienced health professionals who have volunteered to give advice to the HCTC teams during the week. You will hear more about the role of the mentors at the first meeting on Monday evening. Your team will be allocated a team mentor on Monday evening. Their role is to provide you support and guidance for your care plan and advise on how to optimise teamwork. You will need to agree with your mentor when and how you communicate with them.

The Presentation:

The detailed timetable for the presentations will be provided at the first HCTC meeting. Each team will have 5 minutes to present their management plan. You may present in any format you prefer. There will be facilities for a PowerPoint presentation if required.

You must have your presentation ready to up-load before the competition starts. The deadline for up-loading your presentation is Thursday 6th September by 8.30am.

After your planned presentation, you will be given an extension question with additional information about the scenario, which you will need to respond to. Your team will be given 5 minutes to discuss a response and 2 minutes to present your ideas.

What are the judges looking for?

When you are preparing your presentation for the final day you will need to think about what the judges will be looking for. The HCTC judges come from a range of backgrounds, well versed in collaborative approaches to teamwork and always include a client/patient representative/advocate. They will be evaluating the performance of your team in the following areas:

1. Client Centred Care

- Was the patient/client/family involved in the decision making process and was this reflected in the plan?
- Were the patient/clients/family needs and wishes incorporated appropriately into the care planning process?
- Were discipline contributions related to the client needs? This may include professions that could provide input that were not in their existing team.

2. Creativity & Originality

- How well did the team 'think outside the box'?
- Developing ways of working interprofessionally?
- Developing ways to provide better patient/client care?
- Developing ways to improve the health care system?

3. Collaboration

- Did the team collaborate as appropriate, to assess, plan, provide care/intervention and make decisions to optimize client/ patient/family health outcomes and improve quality of care?
- Were the students respectful and professional, in answering questions?
- Did the team exemplify a willingness to collaborate?

4. Feasibility

- How feasible is the team's plan of management?
- Could the responses be implemented?

5. Role Understanding

- Did the team learn about the roles of other health professions?
- Did the presenting team indicate a good understanding of others roles in prioritization of professional input for best practice?

6. Communication

- Did the team communicate effectively with others and share decision making?

7. Culturally Responsive

- Did the team consider, respect and respond to the person's cultural needs?

Adapted from: National Health Sciences Students' Association (NaHSSA). (2013). National Health Care Team Challenge 2012-2013: Student & faculty toolkit. Available from: <http://www.nahssa.ca/en/gateway>.

Team Tips:

1. Team meet to discuss case study and allocate tasks.
 - Get to know your team members.
 - Really get to know your client/patient. Ask yourselves what is important to them.
 - Brainstorm short and longer term priorities for the client, possible interventions and intended outcomes.

2. Always remember that this is a **team** challenge and your presentation should reflect interprofessional teamwork
 - You only have 5 minutes to demonstrate that you have worked effectively as a team in developing the care/health plan for your client – keep this in mind.
 - Some disciplines may find that they have a greater role than others, this is a reality of practice. Work this out together remembering the patient/client needs. Think about different types of contributions team members can make. Don't be constrained by traditional role boundaries.
 - Review the judging criteria that will be used to evaluate team responses.

3. Team plans may include short, medium and longer term goals for the patient/client, but remember the focus is on interprofessional practice and the key to this is keeping the client firmly in the centre of all you do.
 - The timeframe of your team plan is a choice your team will make
 - You may access any online or library material
 - The role of the team facilitator/mentor is to provide advice and/or suggestions to student teams as they work on their interprofessional plan of management.
 - Take advantage of the opportunity to work with your team mentor. They have plenty of experience and can definitely guide your team in the right direction.
 - Students are expected to derive their *own* plan of management, but **MUST** meet at the very least once with their team mentor to confirm that they are on the right track

4. Lastly here are some key things to remember:
 - The patient/client is part of the interprofessional team
 - The patient/client is always at the heart/centre of care and you are working for and with the patient/client and their family
 - We can achieve more collectively than we can individually
 - Having an understanding of, and respect for the contribution of the patient/client/family and other health professions is essential for achieving positive outcomes for the patient/client
 - Being able to communicate effectively with your team members is another essential ingredient for effective team-working. Listen, negotiate, be respectful, preferably don't use jargon and make sure you come to shared understandings within the team

- Make sure you work through any differences, being open to the ideas and contribution of others
- Most importantly ENJOY THE EXPERIENCE!

Useful Information/Links/References:

<http://www.youtube.com/watch?v=6rcrOlqb0gw>

<http://www.youtube.com/watch?v=qdxMANtPlhw>

<http://www.youtube.com/watch?v=tooDdfgwKik>

http://healthcareteamchallenge.com/01_cms/details.asp?ID=36

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World Health Organization. (2010). *Framework of action on interprofessional education and collaborative practice*. Retrieved from http://whqlibdoc.who.int/hq/2010/WHO_HRH_HPN_10.3_eng.pdf

The Planning Team:

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Many thanks again for your interest and support. We are really looking forward to working with you to make the ATBHIX Health Care Team Challenge a real success.

Ka kite ano (See you soon)