

Collaborative Practice and Interprofessional Education

Transforming the Landscape of Healthcare - *Ohomairangi te Hauora Manaaki*



All Together Better Health IX: Auckland September 2018 Healthcare Team Challenge

Mentor Guide

Nau mai, haere mai.

Ngā mihi nui. Thank you very much, on behalf of the planning team, for giving your time, energy and expertise to this great event during the conference in Auckland this year. Please find below some information to guide you in your role as mentor for your team. The HCTC planning team are around and available to answer any further questions that you have.

Contacts:

- **Wendy McKinstry** wendy.mckinstry@middlemore.co.nz
- **Philippa Friary** philippa.friary@auckland.ac.nz

We are inviting;

- (1) all students and new graduates who are keen to join an international healthcare team and compete in the 2018 HCTC and,
- (2) all interested mentors to support this fantastic event.

Join us at the Pōwhiri (Welcome Ceremony) on **Monday 3rd September 5pm at AUT City Campus**. There will be a **HCTC briefing** for everyone interested in participating from **6.30-8pm** (please meet at the Registration desk at 6.30pm Monday 3rd September). This is when you will meet the HCTC planning team and get to know the members of your HCTC team you are mentoring (made up for 4-6 members from different professional backgrounds). The HCTC presentations will be held from **10am-12pm on Thursday 6th September** in the main lecture theatre at the **AUT City Campus** in front of conference delegates and an expert panel of judges. This is when your team will present their plan for working with the client (case study) and respond to further questions as a team.

What is the Healthcare Team Challenge?

The Healthcare Team Challenge is an internationally recognised interprofessional learning activity that promotes teamwork and collaboration amongst current and future healthcare professionals from across the world. Interprofessional teams compete at a live public event to present their interprofessional care plan for a client with complex needs. The HCTC provides a fun and authentic learning experience for students and practitioners which enhances their knowledge of the roles of other disciplines, increases their understanding

Collaborative Practice and Interprofessional Education

Transforming the Landscape of Healthcare - *Ohomairangi te Hauora Manaaki*



of how interprofessional practice contributes to patient care and enhances the qualities and dispositions, as well as the necessary skills and knowledge for effective interprofessional teamwork.

HCTC Aims:

- To provide an authentic international and interprofessional experience which complements current learning experiences and expands worldviews
- To enhance qualities and dispositions, and knowledge and skills for effective interprofessional practice
- To enhance knowledge of and respect for the roles and contribution of other health professions
- To increase understanding of how interprofessional learning and working can contribute to patient care

HCTC Opportunities:

- Work and learn together as part of an international, interprofessional team in the development of care for a patient/client with complex needs (case study)
- Work to provide the best possible care and ensure the safety of the patient/client/family
- Develop a greater understanding of where own profession fits into a healthcare team
- Gain a deeper understanding and perspective of different health disciplines
- Develop and strengthen qualities required for effective collaborative practice
- Learn how to work with others effectively and resolve complex healthcare issues
- Build international relationships and networks
- Have a lot of fun while learning essential health care competencies
- Participate in a recognised competition (looks great on your CV!)

HCTC Timetable at a Glance:

Monday 3rd September

- | | |
|----------|--|
| 5-6.30pm | Attend Pōwhiri / Welcome ceremony at AUT City Campus, Auckland |
| 6.30pm | Meet at Registration desk |
| 6.35-8pm | HCTC briefing for team members and mentors |
| | Form teams and get to know team members (4-6 members) |
| | Learn about the mentors who will assist you |

Collaborative Practice and Interprofessional Education

Transforming the Landscape of Healthcare - *Ohomairangi te Hauora Manaaki*



Receive information about your client and their situation

Tuesday 4th September

- **Meeting times TBC by team** Work on client scenario with your team during conference break times

Wednesday 5th September

- **Meeting times TBC by team** Work on client scenario with your team during conference break times

Thursday 6th September

8.30am Deadline for up-loading your presentation

10:00-12:00pm The Healthcare Team Challenge presentations - Main Lecture Theatre

*Each team will be given 5 mins to present their management plan. The judges will make a decision; winners will be announced; prizes and certificates will be presented.

Role of the mentor:

Team mentors are made available to all student teams for consultation on specific issues regarding the case during the preparation period. The role of the mentor is crucial to the success of the event.

What do I have to do as a mentor?

As a mentor your main responsibility is to support your team by giving advice and guidance on the scenario. To assist you will have:

- A copy of the case study
- A copy of the judging criteria

Judging Criteria?

When the teams are preparing their presentation for the final day they will need to think about what the judges will be looking for. The HCTC judges come from a range of backgrounds, well versed in collaborative approaches to teamwork and always include a client/patient representative/advocate. They will be evaluating the performance of your team in the following areas:

1. **Client Centred Care**
 - Was the patient/client/family involved in the decision making process and was this reflected in the plan?
 - Were the patient/clients/family needs and wishes incorporated appropriately into the care planning process?

Collaborative Practice and Interprofessional Education

Transforming the Landscape of Healthcare - *Ohomairangi te Hauora Manaaki*



- Were discipline contributions related to the client needs? This may include professions that could provide input that were not in their existing team.
- 2. Creativity & Originality**
 - How well did the team 'think outside the box'
 - Developing ways of working interprofessionally?
 - Developing ways to provide better patient/client care?
 - Developing ways to improve the health care system?
 - 3. Collaboration**
 - Did the team collaborate as appropriate, to assess, plan, provide care/intervention and make decisions to optimize client/ patient/family health outcomes and improve quality of care?
 - Were the students respectful and professional, in answering questions?
 - Did the team exemplify a willingness to collaborate?
 - 4. Feasibility**
 - How feasible is the team's plan of management?
 - Could the responses be implemented?
 - 5. Role Understanding**
 - Did the team learn about the roles of other health professions?
 - Did the presenting team indicate a good understanding of others roles in prioritization of professional input for best practice?
 - 6. Communication**
 - Did the team communicate effectively with others and share decision making?
 - 7. Culturally Responsive**
 - Did the team consider, respect and respond to the person's cultural needs?

Adapted from: National Health Sciences Students' Association (NaHSSA). (2013). National Health Care Team Challenge 2012-2013: Student & faculty toolkit. Available from: <http://www.nahssa.ca/en/gateway>.

Tips for Team:

1. Team meet to discuss case study and allocate tasks.
 - Get to know your team members.
 - Really get to know your client/patient. Ask yourselves what is important to them.
 - Brainstorm short and longer term priorities for the client, possible interventions and intended outcomes.

Collaborative Practice and Interprofessional Education

Transforming the Landscape of Healthcare - *Ohomairangi te Hauora Manaaki*



- Each profession may decide to research discipline specific approaches in the first instance and come back together.
2. Always remember that this is a **team** challenge and your presentation should reflect interprofessional teamwork
 - You only have 5 minutes to demonstrate that you have worked effectively as a team in developing the care/health plan for your client – keep this in mind.
 - Some disciplines may find that they have a greater role than others, this is a reality of practice. Work this out together remembering the patient/client needs. Think about different types of contributions team members can make. Don't be constrained by traditional role boundaries.
 - Review the judging criteria that will be used to evaluate team responses.
 3. Team plans may include short, medium and longer term goals for the patient/client, but remember the focus is on interprofessional practice and the key to this is keeping the client firmly in the centre of all you do.
 - The timeframe of your team plan is a choice your team will make.
 - You may access any online or library material
 - Each team will have a team facilitator/mentor who will support and guide the team
 - The role of the team facilitator/mentor is to provide advice and/or suggestions to student teams as they work on their interprofessional plan of management.
 - Take advantage of the opportunity to work with your team mentor. They have plenty of experience and can definitely guide your team in the right direction.
 - Students are expected to derive their *own* plan of management, but **MUST** meet at the very least once with their team mentor to confirm that they are on the right track
 4. Lastly here are some key things to remember:
 - The patient/client is part of the interprofessional team
 - The patient/client is always at the heart/centre of care and you are working for and with the patient/client and their family
 - We can achieve more collectively than we can individually
 - Having an understanding of and respect for the contribution of the patient/client/family and other health professions is an essential ingredient in achieving positive outcomes for the patient/client
 - Being able to communicate effectively with your team members is another essential ingredient for effective team-working. Make sure you listen, negotiate, be respectful, preferably don't use jargon and make sure you come to shared understandings within the team



Collaborative Practice and Interprofessional Education

Transforming the Landscape of Healthcare - *Ohomairangi te Hauora Manaaki*



- Make sure you work through any differences, being open to the ideas and contribution of others
- Most importantly ENJOY THE EXPERIENCE!

Useful Information/Links/References:

<http://www.youtube.com/watch?v=6rcrOlqb0gw>

<http://www.youtube.com/watch?v=qdxMANtPlhw>

<http://www.youtube.com/watch?v=tooDdfgwKik>

<http://healthcareteamchallenge.com/01 cms/details.asp?ID=36>

Boyce, R., Moran, M., Nissen, L., Chenery, H., & Brooks, P. (2009). Interprofessional education in health sciences: The University of Queensland Health Care Team Challenge. *Medical Journal Australia*, (190)8, 433–436.

Canadian Interprofessional Health Collaborative. (2010). *A national interprofessional competency framework*. Canadian Interprofessional Health collaborative. Vancouver, Canada; University of British Columbia.

Centre for the Advancement of Interprofessional Care. (2009). Available at: <http://www.caipe.org.uk>
Accessed June 2010.

Health Force Ontario. (2009). *The Interprofessional Care Strategic Implementation Committee*. Ontario Government. Available at: <http://www.healthforceontario.ca/WhatIsHFO/About/InterprofessionalCare/StrategicImplementationCommittee.aspx> Accessed June 2009.

Kanakasundram, M. (2012). *National Health Care Team Challenge 2012-2013 Student & Faculty Toolkit*. Office of Interprofessional Education and Practice, Canada.

World Health Organization. (2010). *Framework of action on interprofessional education and collaborative practice*. Retrieved from http://whqlibdoc.who.int/hq/2010/WHO_HRH_HPN_10.3_eng.pdf

The Planning Team:

Wendy McKinstry, Counties Manukau Health, New Zealand

Philippa Friary, The University of Auckland, New Zealand

Brenda Flood – AUT University, Auckland, New Zealand

Collaborative Practice and Interprofessional Education

Transforming the Landscape of Healthcare - *Ohomairangi te Hauora Manaaki*



All queries regarding the HCTC should be directed first to:
Wendy McKinstry (wendy.mckinstry@middlemore.co.nz) and
Philippa Friary (Philippa.friary@auckland.ac.nz).

Many thanks again for your interest and support. We are really looking forward to working with you to make the ATBHIX Health Care Team Challenge a real success.

Ka kite ano (See you soon)