

Collaborative Practice and Interprofessional Education

Transforming the Landscape of Healthcare - *Ohomairangi te Hauora Manaaki*



ATBH IX Pre-Conference Workshop

Title: Being Culturally Responsive

ABSTRACTS

Presenting Authors

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This is a half day workshop for community-based health workers and healthcare professionals working with people and their families and improving their cultural responsiveness and interprofessional practice. This workshop will provide opportunities to share ideas, clinical practice strategies and best practice responses. Workshop facilitators from New Zealand, Australia, and Canada include:

Professor Denise Wilson is of Ngāti Tahinga (Tainui) descent. She is from Auckland University of Technology and is the Professor Māori Health, Associate Dean Māori Advancement, and Co-Director of Taupua Waiora Centre for Maori Health Research. Her research and publication activities focus on Māori/indigenous health, family violence, cultural safety, and health (particularly Māori) workforce development.

Associate Professor Odette Best through bloodline is a Gorreng Gorreng (Wakgun Clan) and a Boonthamurra woman and through adoption she is a Koomumberri woman. Odette is a registered nurse and further holds a Bachelor of Health Sciences, (University of Sydney), Master of Philosophy (Griffith University) and a PhD, (University of Southern Queensland). Odette's PhD was titled Yatdjuligin: the stories of Aboriginal Nurses in Queensland from 1950-2005. Odette has ten years teaching experience in Schools of Nursing in Queensland. She is currently Associate Professor (Nursing) at the University of Southern Queensland's School of Nursing on the Ipswich Campus.

Dr Heather Came is a seventh generation Pākehā New Zealander who grew up on Ngātiwai land. She has worked for nearly 25 years in health promotion and public health and has a long involvement in social justice activism. She is an activist scholar and her doctorate was on institutional racism within the public sector.



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Heather has worked as a grassroots practitioner, in a national workforce development role, in public health, strategic planning and in Māori health.

Dr Rachel Brown (Ngāti Mutunga/Ngāi Tahu) is a Research Fellow at Te Kupenga Hauora Māori (the University of Auckland). Rachel's area of research includes healthcare engagement, responsiveness to Māori and Pacific peoples, health promotion and workforce development. Rachel has experience working in both government and community as well as across health, education and justice sectors.

TITLE: BEING CULTURALLY RESPONSIVE

This workshop focuses on the responsibilities of health care providers to work interprofessionally in order to become allies and advocates for people from another cultural background, and who face of multiple forms of oppression and barriers in their daily lives and when seeking healthcare. Indigenous peoples are faced with complex life histories and circumstances that can have immense social and health sequelae for those either directly or indirectly affected by it. Because of the complexity of this problem, culturally responsive and collaborative interprofessional practice is crucial for ensuring the safety and wellbeing of those living with adversities on a day to day basis. Those attending this workshop will be actively involved in discussions and activities to aid their understanding of contemporary indigenous peoples and families, critically examine the social and political landscape for indigenous peoples, and to develop practical interprofessional and personal strategies to respond proactively to indigenous peoples needing comprehensive healthcare.

The workshop will assist participants to:

1. Understand the relationship between historical, structural and systemic violence and Indigenous people - focus on the violence of policy (role of different models of treaties; historical and ongoing policies).
2. Understand the role of institutions such as Churches and child protection services in the discrimination and violence against Indigenous peoples.
3. Explore the relationship between economic structures, and policies and healthcare for Indigenous people.
4. Explore health professional roles in relation ending violence against Indigenous people:
 - a. Shifting public understanding
 - b. Engaging in advocacy at all levels
 - c. Becoming better helpers.
5. Critically consider concepts such as historical trauma and intergenerational effects of colonisation, cultural responsiveness and safety and their utility for improving healthcare delivery for Indigenous people.
6. Critique common misunderstandings – people don't ask for help, people aren't interested in improving their health, Indigenous people are "marginalized", people don't want to disclose
7. Explore collaborative, practical strategies for promoting culturally responsive interprofessional education and practice:
 - a. Beginning with self
 - b. Developing a critical understanding of those you serve.